# The Healthy Humorist®

**Brad Nieder, M.D.**
**Keynote Speaker • Doctor • Comedian**

**Sample Spoken Introduction for Brad Nieder (pronounced "Needer"):**

While everyone tries to navigate this new era in health care, Dr. Brad Nieder just laughs! Why wouldn't he? After all, he's a specialist in "Healthy Humor." Indeed, he has successfully combined the worlds of humor and health care.

As an undergraduate student at Stanford, Brad was a founding member of the Simps comedy troupe. While a medical student at the University of Colorado, he frequently performed stand-up comedy for both live audiences … and cadavers. He then took his unique style to the Medical College of Virginia for his residency training. He's a co-author of the book "Humor Me," which features his popular poem of wellness advice. And—this is exciting!—he recently signed a deal with HBO! No…wait, he actually signed a deal with an H-**M**-O. He lives in Denver and travels throughout the country spreading his message that "Laughter is the Best Medicine." Please welcome "The Healthy Humorist," Dr. Brad Nieder.

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